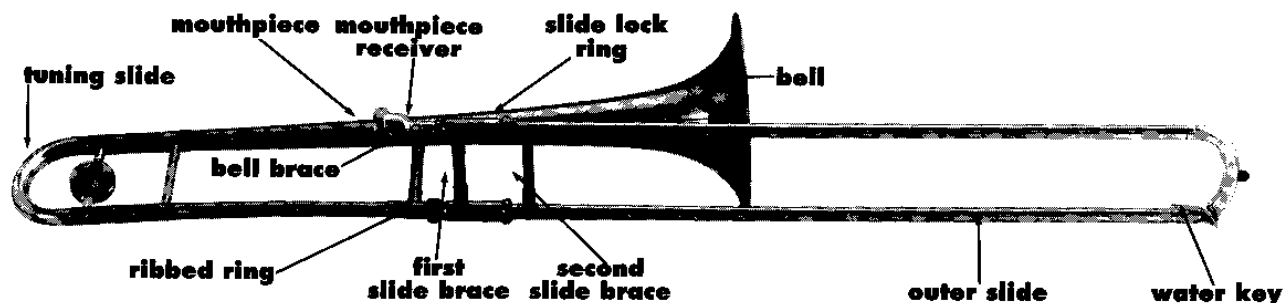


Getting It Together



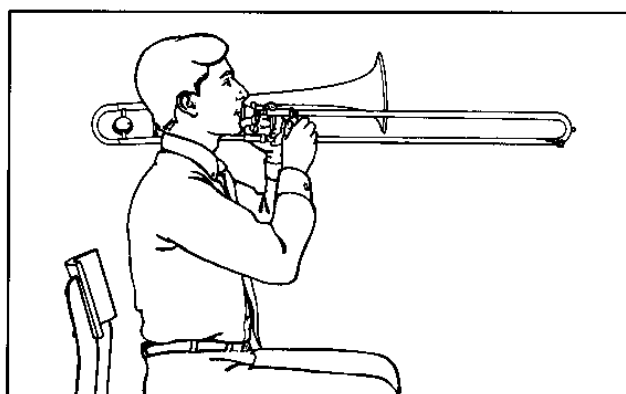
Step 1 - Lock the slide by turning the slide lock ring to the right. Carefully put the slide into the bell section at a 90° angle. Tighten the ribbed ring to hold the two sections together.

Step 2 - Carefully twist the mouthpiece to the right into the mouthpiece receiver.

Step 3 - Place your left thumb around the bell brace, and your index finger on top of the mouthpiece receiver. Gently wrap your other fingers around the first slide brace.

Step 4 - Place your right thumb and first two fingers on the second slide brace.

Step 5 - Support the trombone with your left hand only. Unlock the slide. Your right hand and wrist should be relaxed to move the slide comfortably. Hold the trombone as shown:



Let's Play!

This special exercise is just for trombonists. Bring the slide up to first position as shown above. Begin your steady, even buzz and whisper "tah" to play F. Try this exercise several times.



THE BASICS

Posture

Sit on the edge of your chair, and always keep your:

- Spine straight and tall
- Shoulders back and relaxed
- Feet flat on the floor

Breathing & Air Stream

Breathing is a natural thing we all do constantly. To discover the correct air stream to play your instrument:

- Place the palm of your hand near your mouth.
- Inhale deeply through the corners of your mouth, keeping your shoulders steady. Your waist should expand like a balloon.
- Slowly whisper “tah” as you gradually exhale air into your palm.

The air you feel is the air stream. It produces sound through the instrument. Your tongue is like a faucet or valve in that it releases the air stream.

Producing The Essential Tone

“Buzzing” through the mouthpiece produces your tone. The buzz is a fast vibration in the center of your lips.

Embouchure (*ahm'-bah-shure*) is your mouth's position on the mouthpiece of the instrument. A good embouchure takes time and effort, so carefully follow these steps for success:

BUZZING

- Moisten your lips.
- Bring your lips together as if saying the letter “m.”
- Relax your jaw to separate your upper and lower teeth.
- Form a slightly puckered smile to firm the corners of your mouth.
- Direct a full air stream through the center of your lips, creating a buzz.
- Buzz frequently without your mouthpiece.

MOUTHPIECE PLACEMENT

- Form your “buzzing” embouchure.
- Place the mouthpiece approximately 2/3 on the upper lip and 1/3 on the lower lip. Your teacher may suggest a slightly different mouthpiece placement.
- Take a full breath through the corners of your mouth.
- Start your buzz with the syllable “tah.” Buzz through the center of your lips keeping a steady, even buzz.
- Your lips provide a cushion for the mouthpiece.

Mouthpiece Work-Outs

Like a physical work out, mouthpiece work-outs may make you dizzy and tired at first. Keep practicing, and you'll see daily improvement.

Hold the mouthpiece on the stem with your thumb and first finger. Carefully form your embouchure and take a deep breath. Begin a steady, even buzz with the syllable “tah.” Your mouthpiece work-out looks like this:




For higher tones, make the opening in the center of your lips more firm. For lower tones, slightly relax the opening.

Beat • The Pulse of Music

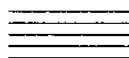
One beat = tap foot down on the number and up on the "&." Count and tap when playing or resting.

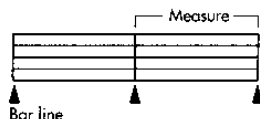
Count 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

Fermata  Hold the note longer, or until your director tells you to release it.

Staff, Bar Lines & Measures

Bar lines divide the music staff into measures. The measures on this page have four beats each.



 = Music Staff



Notes & Rests

Notes tell us how high or low to play *and* how long to play. Notes are placed on a line or space of the music staff.

Rests tell us to count silent beats.

-  Quarter Note = 1 Beat
-  Quarter Rest = 1 Silent Beat


1. COUNT AND PLAY

F  1

Play 

Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

2. A NEW NOTE

E  3



Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

3. TWO'S A TEAM



Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

4. THE NEXT NOTE

G  4



Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

5. DOWN AND UP




Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

6. ROLLING ALONG

Go to next line. ▼



Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑



Count 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &
Tap ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑